

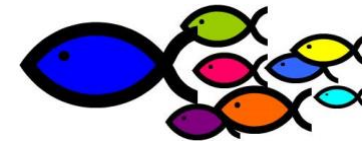
## **Top 10 Most Needed Items for FISH of McHenry Food Pantry:**

- 1. Canned Meats or Tuna**  
*(Chicken, Ham, Hash, Spam, Tuna)*
- 2. Canned Meals or Boxed Meals**  
*(Stew, Canned Pasta, Chili, Mac & Cheese, Hamburger Helper)*
- 3. Canned Soups**
- 4. Canned Tomatoes & Tomato Sauces**
- 5. Canned Vegetables**  
*(Green Beans, Peas, Corn, Potatoes, Mixed Veg., Mushrooms)*
- 6. Peanut Butter & Jelly**
- 7. Dried or Canned Beans**  
*(Black, Chili, Kidney, Pinto, White, Refried, Pork & Beans)*
- 8. Dry Cereal, Oatmeal & Pancake Mix**
- 9. Dried Pasta & Rice**
- 10. Toilet Paper/Personal Hygiene/  
Household Cleaning & Paper Products**

***FISH of McHenry Food Pantry: 815-344-4717***

***Pantry Hours:*** Tuesday & Thursday 9:00am -11:30 am  
3<sup>rd</sup> Tuesday of each month 4:30 – 6:30pm

***Pantry Location:*** 3515 N. Richmond Rd. McHenry, IL 60051



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