

## **Top 10 Most Needed Items for FISH of McHenry Food Pantry**

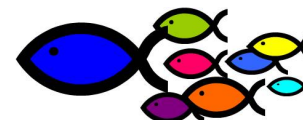
- 1. Canned Meats or Tuna**  
(Chicken, Ham, Hash, Spam, Tuna)
- 2. Canned Meals or Boxed Meals;**  
(Stew, Canned Pasta, Chili, Mac & Cheese, Hamburger Helper)
- 3. Canned Soups**
- 4. Canned Tomatoes & Tomato Sauces**
- 5. Canned Vegetables**  
(Green Beans, Peas, Corn, Potatoes, Mixed Veg., Mushrooms)
- 6. Peanut Butter & Jelly**
- 7. Dried or Canned Beans**  
(Black, Chili, Kidney, Pinto, White, Refried, Pork & Beans)
- 8. Dry Cereal & Oatmeal**
- 9. Dried Pasta & Rice**
- 10. Toilet Paper/Personal Hygiene/  
Household Cleaning & Paper Products**

### **Non-Food Items also offered to Clients:**

- 1. Bath Soap (Bars) & Deodorant**
- 2. Shampoo/Conditioner**
- 3. Toothbrushes & Toothpaste**
- 4. Dish & Laundry Detergent**
- 5. Baby Food, Baby Dry Cereal & Formula**
- 6. Baby Diapers & Wipes**
- 7. Feminine Hygiene Products**
- 8. Depends or Adult Diapers & Pads**

*FISH of McHenry Food Pantry: 815-344-4717*

**Pantry Hours:** Tuesday & Thursday 9:00 -11:30 am  
3<sup>rd</sup> Tuesday of each month 4:30 – 6:30pm  
**Pantry Location:** 3515 N. Richmond Rd. McHenry, IL 60051



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