**Top 10 Most Needed Items**

**for FISH of McHenry Food Pantry**

**To eliminate breakage, plastic or canned items are requested.**

**PLEASE CHECK ALL EXPIRATION DATES BEFORE DONATING FOOD!**

1. **Canned Meats or Tuna**

*(Chicken, Ham, Hash, Spam, Tuna)*

1. **Canned Meals or Boxed Meals;**

*(Stew, Canned Pasta, Chili, Mac & Cheese, Hamburger Helper)*

1. **Canned Soups**
2. **Canned Tomatoes & Tomato Sauces**
3. **Canned Vegetables**

*(Green Beans, Peas, Corn, Potatoes, Mixed Veg., Mushrooms)*

1. **Peanut Butter & Jelly**
2. **Dried or Canned Beans**

*(Black, Chili, Kidney, Pinto, White, Refried, Pork & Beans)*

1. **Dry Cereal & Oatmeal**
2. **Dried Pasta & Rice**
3. **Toilet Paper/Personal Hygiene/Household Cleaning & Paper Products**

***Non-Food Items also offered to Clients:***

1. **Bath Soap Bars & Deodorant**
2. **Shampoo/Conditioner**
3. **Toothbrushes & Toothpaste**
4. **Dish & Laundry Detergent**
5. **Baby Food, Baby Dry Cereal & Formula**
6. **Baby Diapers & Wipes**
7. **Feminine Hygiene Products**
8. **Depends or Adult Diapers & Pads**

**FISH of McHenry: 815-344-4717 Location: 3515 N. Richmond Rd. McHenry, IL**

**FISH of McHenry Food Pantry Hours:**

**Tuesdays & Thursdays: 9:00am -11:30am**

**3rd Tuesday of each month: 4:30pm – 6:30pm**