

FISH Newsletter

40 Seasons of Change!

"Mighty Oaks from Little Acorns Grow"

Autumn 2013

As the days get shorter and leaves begin to change colors, squirrels scurry about gathering acorns for the long winter season. We at FISH Food Pantry are also stocking up and bracing ourselves for what will likely be our busiest holiday season ever. Currently we serve over 600 families per month & expect those numbers to rise during the holidays. The need for assistance continues to increase in our community. Any and all donations are welcome to help us keep our pantry shelves stocked!

40 years ago, FISH of McHenry Food Pantry was chartered and organized in 1973 to help serve the disadvantaged in our community. Looking back at our humble beginnings and the temporary locations used over the years, it is amazing to think that we are still thriving and able to help our hungry neighbors in need. We would never have been able to achieve this if not for the generous support of our community & the many dedicated volunteers who have served to keep us open each week. Our new food pantry has truly been a blessing this past year as we are able to purchase & store so many more choices to offer to our clients. For every \$1.00 donation to FISH Food Pantry, we can buy approximately 10 lbs. of food from Northern Illinois Food Bank.

Just as the Mighty Oak has proven, great things can come from small beginnings!

HUNGER
ACTION
MONTH™

September is Hunger Action Month

Raise hunger awareness by wearing the color **ORANGE** during September. Spread the word about hunger & its impact on children, the elderly, & the poor. 1 in 5 Americans struggle daily to put food on their tables. Join the fight to end hunger here in your hometown by donating \$\$\$ or hosting a food drive for FISH! No donation is ever too small. What you give can make a tremendous difference to someone in need.

Donating is as easy as the click of our Donate Button!

Please visit our website at www.fishofmchenry.org

Donate



\$40.00 for 40 Years

In celebration of our 40th year, a suggested donation of \$40.00 (\$1.00 for each year we have been in service) would be a great way to show your support! The holidays are just around the corner and we will soon be ordering our Holiday Meal Boxes. For every \$40.00 donation, FISH will be able to feed 2 large families plus a meal for 1 small family. Larger meal boxes are a \$40.00 value but can be purchased from NIFB for only \$16.00. The holidays bring more stress to families facing hunger, but with your help, they can share a much appreciated warm meal with their loved ones.

Grocery Store Food Drives

Looking for a great way to host a food drive for FISH? Many local organizations have been collecting food, paper goods & personal care items at our local grocery stores. Volunteers greet and hand out lists to shoppers of items needed to stock our pantry shelves.

These types of food drives have been very successful & make it easy for our volunteers to sort with no worries of expiration dates! Feel free to call the pantry for information & handouts if you would like to host a food drive for FISH of McHenry.

Angelo's & Walmart in Johnsburg & Jewel in McHenry have all participated in this type of food drive for FISH.

Be sure to check out our website for the "FISH Fundraising Kit." Included are ideas for themed food drives, printouts for signs & flyers and a detailed Top 10 list! www.fishofmchenry.org



In July & August of 2013

FISH served a total of:

1245 Households

3968 Individuals

**and distributed over
7,500 Bags of Food!**

A BIG Thank You to:

McHenry Rotary Club

Good Guys vs. Good Guys

Green St. Cruise Night

Tractors for Charity

Stade's Farm & Market

Buss Ford of McHenry

First Midwest Bank, McHenry

and to all of the organizations & churches who hosted food drives & fundraisers over the summer.

Thanks also to our local gardeners who share their vegetables each week!

The Food Pantry is open on
Tuesdays and Thursdays
9:00 – 11:30am

3515 N. Richmond Rd. (Rt. 31)
Behind the McHenry Moose Lodge &
across from the Senior Center

Please contact FISH at:

815-344-4717

Mail donations to:

FISH of McHenry

P.O. Box 282

McHenry, IL 60051

To reduce postal costs & receive
FISH Newsletters via email, please
contact us on our website at:

www.fishofmchenry.org

FISH is partnered with:



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