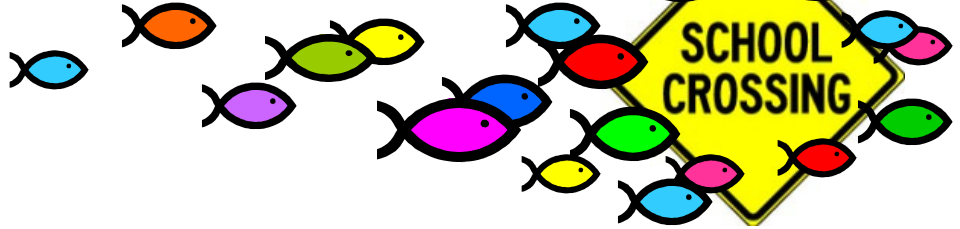
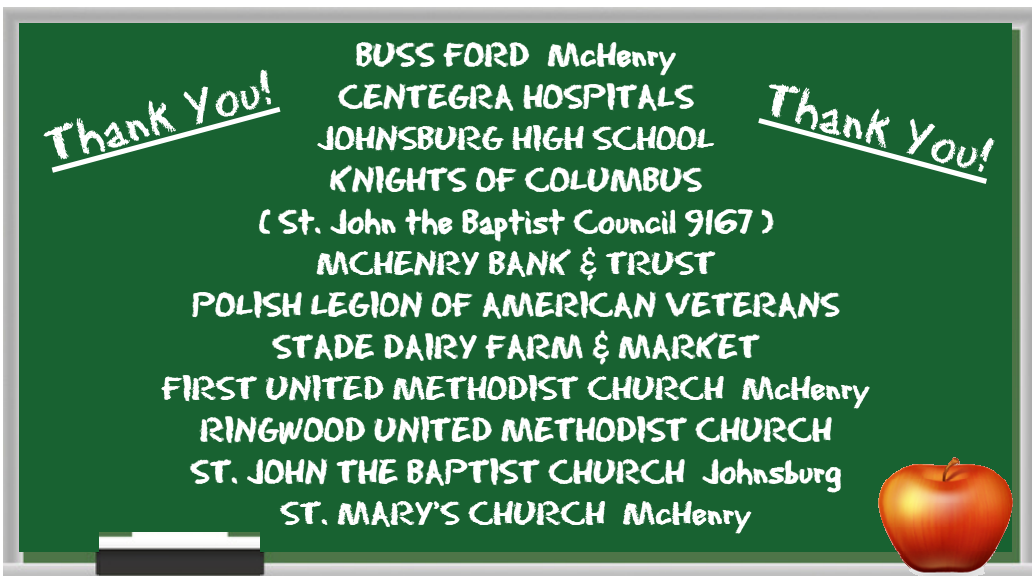


FISH Newsletter

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“Chalk One Up” to these organizations for their summer Food and Fund Drives! We thank you all!



GOOD GUYS Always Win!

Thank you Doug Peterson for all of your time and effort and to all those who participated in the Good Guys vs. the Good Guys Charity Softball event for FISH of McHenry. McHenry Police & Fire Depts. and the McHenry Christian Fellowship Softball League played a great game for all to enjoy!

Post-It on your Calendar!

September 18th & 19th

Tractors for Charity

New Location!

**Stade's Farm & Market
 Fun, food & activities for the
 whole family!**

All proceeds benefit FISH!

**Back to
 School
 Food & Fund
 Drives**



It's hard to believe it is Back-to-School time again! FISH is always grateful for the many Food & Fund Drives from our local schools, churches, businesses and various organizations. The “themed” Food Drives have been a big success this past year. We ask that you also please consider a Funds over Food Drive since we are able to purchase food at such low costs from the Northern Illinois Food Bank. This could be as simple as setting out a fishbowl and filling it with pennies or coins.

**Let's “ERASE” Hunger
 in our community!**

TOP 10 FISH WISH LIST

Check our website for “themed” food drive ideas & a detailed Top 10 list @ www.fishofmchenry.org

TOP 10 ITEMS NEEDED AT FISH

1. Canned Meats
2. Canned Meals or Boxed Meals
3. Canned Soups
4. Canned Tomatoes / Sauces
5. Canned Vegetables
6. Peanut Butter & Jelly
7. Dried or Canned Beans
8. Dry Cereal & Oatmeal
9. Dried Pasta & Rice
10. Baby Food / Dry Cereal / Formula

FISH also offers Personal Hygiene Items, Dish & Laundry Soap, Household Cleaning Supplies, Feminine Hygiene & Paper Products, & Adult & Baby Diapers if available.

In June & July of 2010

FISH helped a total of:

878 Families

1646 Adults

1254 Children

\$10,790.00 Vouchers

4207 Bags of Food

The Food Pantry is open on
Tuesdays and Thursdays

9:00 – 11:30am

McHenry Township Building
 3703 N. Richmond Road
 (Rt. 31) rear lower level

Please contact FISH at:

815-344-4717

Mail donations to:

FISH of McHenry

P.O. Box 282

McHenry, IL 60051

www.fishofmchenry.org

**FEEDING
 AMERICA**

