

FISH Newsletter



Harvest an "Attitude of Gratitude" this Season!

Now is the perfect time of the year to reflect on everything there is to be grateful for. How wonderful that there is actually a holiday in existence that focuses on blessings! Perhaps that's why Thanksgiving isn't as commercialized as the others. How does one make money off of counting your blessings? It's not really possible which is why it is the one holiday that cannot be tainted by commercialism. Maybe that is why so many Americans truly enjoy the tradition of gathering together for the Thanksgiving Holiday. We wish all of our loyal supporters bountiful happiness this Thanksgiving and throughout the year. Thank you for remembering what Thanksgiving is all about!



It takes many hands working together to prepare our meal bags for the upcoming Thanksgiving holiday. We are truly thankful for the dedicated group of volunteers that show up each week to keep our doors open and help those in need. FISH volunteers from left to right: Jason, Tom, Jon, Rich & Tom.



Each Holiday Meal Box costs FISH just \$16 & feeds up to 8 people – the equivalent of only \$2 per person.

All FISH Families Offered Thanksgiving Meals!

Hunger is an overlooked issue in our communities, partly because our hungry neighbors often look just like anyone else. A colleague at work, your child's best friend, or your next door neighbor could be facing tough decisions between paying bills or buying food. Once again, FISH will be offering each household 2 choices of a complete holiday meal for Thanksgiving. Through our partnership with Northern Illinois Food Bank, we can obtain a frozen 12-14 lb. turkey plus a pre-packed box that includes all of the trimmings for an entire holiday meal. Each Holiday Meal Box is valued at over \$40 but FISH of McHenry's cost is just \$16. As another meal option for clients, FISH has purchased 2 lb. white meat turkey roasts which also will include a bag with all of the fixings for an entire meal. **Please get into the spirit of giving & help us provide holiday meals for our hungry neighbors by donating at www.fishofmchenry.org.**

"With every deed you are sowing a seed, though the harvest you may not see."

Ella Wheeler Wilcox



In August 2018

**FISH served
573 Families
1848 Individuals**

In September 2018,

**FISH served
497 Families
1603 Individuals**

In October 2018,

**FISH served
568 Families
1825 Individuals**

*and distributed
more than
13,104 Bags of Food!*

McHenry Thanksgiving Harvest time is here! Volunteers have already started to collect food donations from local grocery stores in October. Local retailers & businesses will also be collecting during October & November for the 3rd Annual Food & Funds Drive. All food is collected, sorted and packed on Thanksgiving morning for FISH of McHenry to distribute in the following months. Special thanks to Lisa Cowger & Marty Kampmeier for your time organizing this event!



Look for boxes in local businesses displaying the logo above to donate!



The Food Pantry is open on **Tuesdays and Thursdays**
9:00 – 11:30am
3rd Tuesday of each month
4:30pm – 6:30pm

3515 N. Richmond Road (Rt. 31)
Behind the McHenry Moose Lodge & across from the McHenry Township Senior Center

Please contact FISH at:

815-344-4717

Mail donations to:

**FISH of McHenry
P.O. Box 282
McHenry, IL 60051
www.fishofmchenry.org**

FISH is partnered with:

